



**Start Point:**

Approximately 17km west of Portlaoise on the R445 road to Roscrea and about 4km beyond Mountrath, we go left onto minor road L1672, signposted Castletown. Entering the village, we cross a bridge over the River Nore (more of this, later) and park at the grassy triangle at the village centre.

**Distance:** 6.5km loop walk.

**Description:** Easy going and on roads, therefore a good choice in winter.

**DIFFICULTY:** 

**MAP:** OS Discovery Series No 54

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